

SKIN CARE/RASH: CARE PLAN, ASSESSMENT AND TREATMENT DOCUMENTATION

RESIDENT: _____ **DATE:** _____

Characteristics of RASH. Primary and Secondary Skin Lesions:

RR-Red, raised rash

RF-Red, flat

M-Macule: Variably shaped, discoloured and small (<10mm), such as freckles, tattoos.

MP- Patch: is a large macule >10mm.

P-Papule: solid, elevated lesion usually <10mm, such as warts, psoriasis and skin cancer.

PP-Plaque: plateau-like lesion >10mm.

N-Nodule: is a palpable, solid lesion >5 or 10mm, such as fibromas and other neoplasms.

NT-Larger nodules >20mm are tumours.

V-Vesicle: is circumscribed, elevated lesion containing serous fluid that is <5mm.

VB-If > 5mm then called a bulla or blister, such as allergic contact dermatitis, sunburn or herpes zoster.

PU-Pustules: are superficial and elevated lesions containing pus, caused by infection such as acne, impetigo or certain deep fungus infections.

W- Wheal: transient, elevated lesions caused by localized edema, such as allergic reactions.

PR- Purpura: is a general term referring to areas of extravasated blood.

E-Excoriation: linear or hollowed-out crusted area caused by scratching, rubbing or picking.

S-Scabies: transmissible ectoparasite infection characterized by superficial burrows, intense pruritus.

SH-shingles

Assessment to be done weekly & prn. Document on reverse of this form.

Describe location and appearance of rash: _____

Etiology: _____

Check where applicable	Check where applicable	Check where applicable	Check where applicable	INTERVENTIONS
				Consult wound care specialist.
				Assess for pressure relief reduction mattress. Type:
				Keep skin clean and dry. Utilize Tena-wash after each incontinent episode.
				Moisturize skin with creams as necessary. Apply barrier cream to affected areas.
				Apply treatment cream as prescribed.
				Prevent skin from touching skin.
				Ensure a minimum of 1500cc intake per day.
				Pain assessment done to ensure proper pain management.
Date/Initial	Date/Initial	Date/Initial	Date/Initial	Other:

