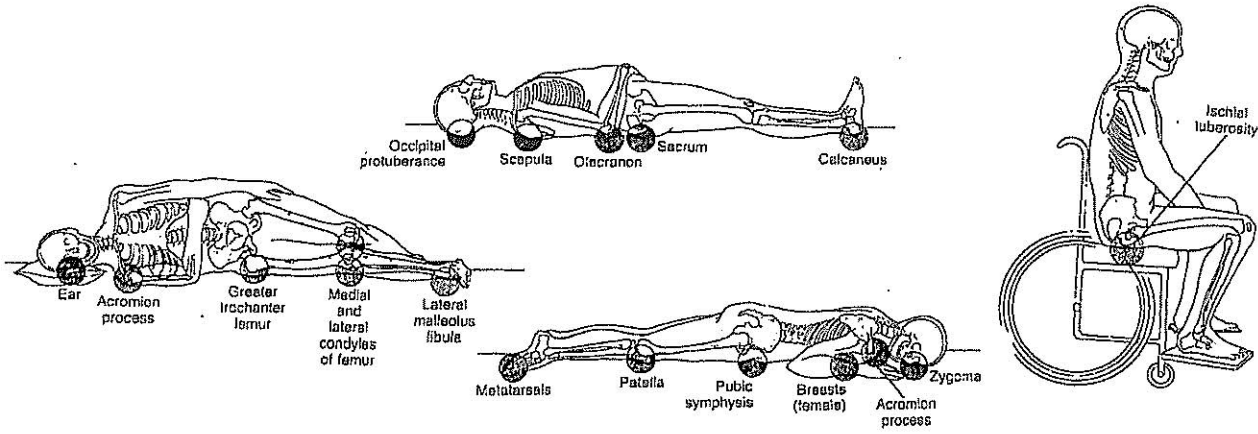


Blackadar Continuing Care Centre Head To Toe Skin Assessment

Resident _____

✓ = normal otherwise * Star and DAR

Date																				
Colour:	Uniform, pallor, yellow, cyanosis or erythema																			
Moisture:	Dry, flaking																			
Texture:	Rough, excoriated, flaking, scaling, thickening																			
Temperature:	Excessive cold or warm, general or localized																			
Turgor:	Wrinkling, laxness, sagging																			
Lesions:	Keratosiis, carcinoma, herpes zoster, dermatitiis, melanoma																			
Trauma																				
Induced Lesions:	Skin tears, bruises, lacerations, excoriation																			
Bony Prominences:	Redness returns to normal when pressure relieved. Skin intact																			



Stage 1	Unresolved reddened area i.e. non-blanchable erythema of intact skin																			
Stage 2	Superficial loss of epidermis (abrasion, blister, shallow crater)																			
Stage 3	Full thickness skin loss. Epidermis and dermis involved. Deep crater with or without undermining.																			
Stage 4	Full thickness loss of skin and subcutaneous tissue. Exposes underlying muscle, tendon or bone.																			
Stage	Unable to assess wound due to eschar.																			
Sluis	If evident of tracking when probed.																			
Hair:	Dry, oily, brittle																			
Nails:	Cyanotic, yellow, splinter hemorrhages. Capillary refill < 3 seconds.																			
Mouth:	<u>Lips:</u> swelling, fissures, pale, red, cyanotic, ulceration. <u>Mucosa:</u> red, pale crusting, discharge, masses, lesions. <u>Teeth:</u> Loose, broken, missing																			
Tongue:	Beefy red, deep furrowing, swelling, smooth dry, lesions.																			