

POSSIBILITY REPORT



Shalom Village 2008 - 2009

www.shalomvillage.on.ca

Every day holds the possibility of a miracle.

~Elizabeth David

Thank you...

...for possibilities realized

...for possibilities now becoming realities

...for possibilities yet to be imagined

On behalf of our board, our staff and most of all our residents, we thank you for your support of the Shalom Village Charitable Foundation.

Sincerely,

If I were to wish for anything, I should not wish for wealth and power, but for the passionate sense of potential -- for the eye which, ever young and ardent, sees the possible. Pleasure disappoints; possibility never.

~Søren Kierkegaard

The Power of Possible Thinking!

Thanks to our donors it has been a year of possibilities at Shalom Village—possibilities realized, possibilities underway and possibilities yet to be imagined.

Our Possibilities Fund helped create the Supper Club, an innovative new program designed to address the needs of residents with challenging behaviours related to cognitive impairments. We added a “Coach for the Deeper Experience” to bring the joys of music, drama and dance into



the lives of our residents.

This was the year that the Jewish National Fund honoured Shalom Village for its service to the community at their annual Negev Dinner.

This was also the year that residents, staff, family members



and volunteers came together to “Wake up the Gardens”, fulfilling a dream that started at Light up the Future last year when Eugene Levy kicked off the bidding to refurbish our outdoor spaces.

The community came to Shalom Village to Walk for Israel's 60th birthday and to unveil the mosaic created to mark our support of the Shechafim School in Northern Israel. Your support helped our Ladies Auxiliary raise a record amount at this year's tea and more people than ever participated in the 7th annual Hannukah Hustle.

There is more exciting news to come as we explore new possibilities in 2009!

New MilliMobile to hit the streets this spring!

Generous gift from Allen and Milli Gould Family Foundation keeps our residents

The Gould family had the vision to see the possibilities an accessible vehicle could create for our residents—and so it has for 11 years and thousands of kilometers.

The specially equipped MilliMobile has ferried residents to and from outings, the bank, the grocery store and many other destinations since 1998. The miles have taken their toll on the original van. Maintenance costs and downtime have both increased significantly and the time has



come for the original MilliMobile to be retired.

Thanks to the continued generosity of the Allen and Milli Gould Family Foundation a new

MilliMobile will come to Shalom Village this spring.

“This is a major gift that will have a significant impact on the lives of our residents every day,” according to Shalom Village CEO Pat Morden. “We are so grateful to the Goulds for their continued commitment to improving the lives of our residents.”



The Lewis and Ruth Sherman Hospice Care Program

Memories, fear, hope, grief ...love; a families' journey during the death of a loved one is a time of reflection, a time of discovery, and a time to evaluate what is truly important. It is a time when compassionate support and timely symptom management is essential. Most families want to have the opportunity to be together at home, a place where they are comfortable, comforted, known and loved. People want to die in the caring presence of someone who really knows them.

The Lewis and Ruth Sherman Foundation has generously provided funding to establish *The Lewis and Ruth Sherman Hospice Care Program at Shalom Village*.

"This will allow us to expand our caring support of residents and their families at the end of their lives," according to Shalom Village CEO Pat Morden.

DYING AT HOME AT SHALOM

The Shalom Village team members who provide comfort, dignity and spiritual support in time of need are the same people who already know our residents and their families. They provide care and support in the familiar surroundings of the resident's own room. This expanded hospice care program will give the team new resources to enable them to provide effective, compassionate care as the end of life approaches.



The Lewis and Ruth Sherman Family Hospice Care Program will have the following resources:

- a nurse coordinator to provide direct care and service, education to staff and volunteers, and case management for the residents needing hospice care,
- special hospice beds which can be converted into lazy boy type chairs to allow those who are dying to easily change position, sit to visit, without the discomfort of being moved out of bed,
- spiritual counseling,
- volunteers who have been certified in palliative care,
- funding for massage, reflexology and other alternative measures for pain and symptom management,
- printed resource materials to help

families make decisions around hospitalization, use of intravenous fluids, oxygen and feeding tubes,

- chairs that convert to beds for family members wanting to stay with their loved one, refrigerators for specialized snacks and refreshments for families and their loved ones,
- 1:1 staffing as required by individual situations.

ONGOING LEGACY—What *you* can do

The Lewis and Ruth Sherman Foundation will provide funding over several years with the goal of supporting hospice care at Shalom Village on an ongoing basis. The funds will be supplemented and maintained through memorial donations and other community support. If you would like to support this program please give Joan Ulrich a call at (905) 529-1613 ext. 231

Complementing our Hospice Care Program is the Praiser Fund at Shalom Village.

It was the wish of Sally Praiser before her death to honour the memory of her son Ian by having a fund available so that no one at Shalom Village would die alone. The Praiser Fund was established with this goal.

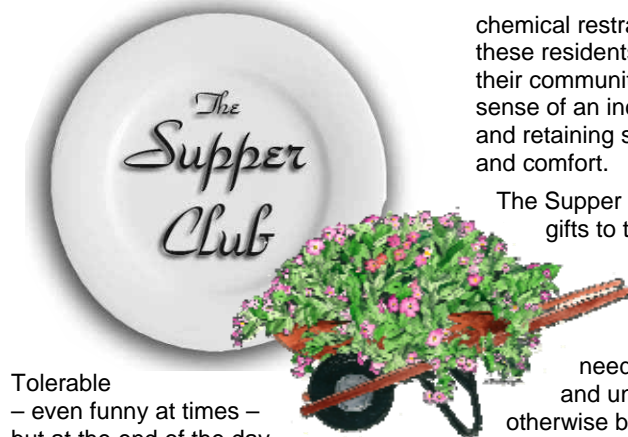
The Supper Club addresses special challenges

Innovative program launched thanks to Possibilities Fund

The Supper Club is an innovative new program at Shalom Village designed to address the needs of residents with challenging behaviours related to their cognitive impairments. A select group meets each evening for supper and special activities tailored to their individual needs.

Ruth Sherman Centre Executive Coach Jeanette O'Leary has assembled a team of specially trained staff and volunteers to work closely with these residents to make this time rewarding and stimulating for everyone involved.

It is also a respite for the staff and other residents they share space with. Many of those who call Shalom Village home wander. Sometimes their travels take them into the private spaces of others. Harmless, understandable – yet tiring for those whose space is disturbed.



Tolerable – even funny at times – but at the end of the day as we sit down to eat and prepare for bed its nice to do so in our own space.

This wandering is a natural part of dementing diseases. It is not something we would stop through physical or

chemical restraint. Wandering is a way for these residents to remain a vital part of their community, exploring and making sense of an increasingly complex world, and retaining some sense of well being and comfort.

The Supper Club is made possible by gifts to the Possibility Fund at Shalom Village. "This is a wonderful example of how community support allows us to address the needs of our residents in new and unique ways that would not otherwise be possible," according to team leader Jeanette O'Leary.

If you would like to help us continue to develop this innovative program please give Joan Ulrich a call at (905) 529-1613 ext. 231

Emanuela helps deepen the experience

The Possibility Fund helps bring new programs to our residents



Emanuela Dussin

Thanks to the generosity of a donor with a passion for the arts and a desire to enhance the lives of our residents, Emanuela Dussin has joined the Shalom Village team as our *Coach for the Deeper Experience*. Emanuela works with all teams to find ways to passion, fun and fulfillment for our residents through dance, drama and music.

Emanuela works with Jeanette O'Leary in the Ruth Sherman Centre. She has an extensive background in dance and music and brings a creative new dimension to life at Shalom Village.

The Deeper Experience project has been made possible by support from the Possibility Fund at Shalom Village. Your support can help us bring this wonderful initiative from pilot project to permanent program.



Wake up!

With the help of funds raised at *Light up the Future Too*, the Shalom Village family came together this past spring to "Wake up the Gardens", transforming our outdoor spaces into a place where people can relax and connect with the beauty of nature.



Negev Dinner

JNF Hamilton paid tribute to Shalom Village at their annual Negev Dinner in June at a gala evening hosted by comic actor Eugene Levy and TV personality Rick Mercer.

In the photo above Shalom Village CEO Pat Morden, left, is seen at the event with long-time friend of Shalom Village Milli Gould.

The funds raised at the event were used to support the Possibilities Fund at Shalom Village and to develop a senior's park near Haifa in Israel.



Walk for Israel's 60th

Rabbi Bernard Baskin and Rabbi Aaron Selevan led a walk from Shalom Village to celebrate Israel's 60th birthday in May. Community members joined residents on the walk following the unveiling of a special mosaic commemorating Shalom Village's partnership with the Shechafim School in Northern Israel.



Art at Shalom Village

Shalom Village residents love creating art projects. An Art Walk on York Street, featuring pieces created by our residents, was a great success this past May. You can see a video of the event on our web-site at www.shalomvillage.on.ca.

This is a program in need of a sponsor to help provide materials and supplies and pay for the services of an art teacher.

Please give Joan Ulrich a call at (905) 529-1613 ext.231 if you are interested in sponsoring this program.



Shalom Village

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"We all have possibilities we don't know about. We can do things we don't even dream we can do."

~ Dale Carnegie

How you can help make possibilities possible

Have you thought about helping support the Possibilities Fund at Shalom Village but don't know where to start? There are many possibilities, no matter what your ability to give. Here are a few suggestions from our Possibility List:

- Sponsor a Kiddush luncheon, \$200 per Shabbat
- Send tribute cards to friends or family, \$10 and up
- Sponsor publication of the Grapevine , \$360 per issue
- Replace our aging telephone system, \$20,000
- Donate a Hi-Lo Electric bed, \$3,000
- Buy a ticket for the Shalom Village Ladies Auxiliary Tea, \$18
- Sponsor a staff member to accompany 3 residents for a night out at Samuel's Bistro, \$150
- Donate a recumbent stepper for *The Club*, \$5,000
- Sponsor music / entertainment for an activity, \$200
- Replace emergency call system for apartment residents, \$15,000
- When a loved one passes away consider requesting that Shalom Village memorial cards be sent in lieu of flowers

You can see an expanded Possibility List by visiting our web site at www.shalomvillage.on.ca/gift.htm.



Joan Ulrich



Kathleen Thomas

Give us a call!

Would you like to learn more about Shalom Village and the many ways you can help us make possibilities possible? Give Joan Ulrich or Kathleen Thomas a call at (905) 529-1613. Kathleen can be reached at extension 264 or by e-mail to kathleen@shalomvillage.on.ca and Joan can be reached at extension 231 or by e-mail to joan@shalomvillage.on.ca. They would love to hear from you!

Thank You

Thank you to everyone who sent Shalom Village tribute cards to mark life's milestones and special events over the past year. The funds raised by tribute cards are critical to everything we do.

Special thanks to the families of Bernice Astrom, Albert Berns, Margaret Crusoe, Marcia Hebscher, Dr. Fred Houston, Tina Kligman, Harry Mendelson, Maria Nonis, Rae Oppenheimer, Bertha Ortmann, Murray Pollock, Barbara Reeves, Claire Ridker, Joe Rochweg, Gertrude Roher, Anne Seigel, Sam Silberg, Sophie Steinberg, Muriel Stolman, Harold Sutin, Klazina VanAsselt, David Wright and Jean Zvonkin for choosing to honour their memory with donations to Shalom Village in lieu of flowers.

This is a wonderful way to honour a person's memory while helping others. All it takes is a phone call to Kathleen Thomas at (905) 529-1613 ext. 264 or by e-mail to