

The Shalom Village

GRAPEVINE



Hamilton, Canada, June 2011

shalomvillage.ca

30th Annual Shalom Village Ladies Auxiliary Tea



A Shalom Village summer tradition for thirty years — supporting our residents while socializing with friends over exquisite refreshments!

Thursday July 7th 2011 at 1:00 p.m.

Goldie's Place at Shalom Village

The proceeds from this year's tea will be used to update our kitchens

When a small group of dedicated volunteers got together three decades ago to raise money to support the residents at Shalom Village, their goals were modest. They had no idea that The Ladies Auxiliary Tea would become a popular summer tradition that would raise more than \$400,000 in the coming years.

Many possibilities

Since the first tea thirty years ago your support has made many things possible at Shalom Village, including a piano, a new telephone system, electric and mechanical lifts, lounge furniture, blanket warmers, and an accessible potting shed in the garden. Our long term care residents can enjoy a good night's sleep in state-of-the-art electric hi-lo beds thanks to funds raised at the Tea over the last two years.

Co-chairs Rochelle Waxman and Jo-Ann Pomerantz have announced that proceeds from this year's tea will help pay for updates to the kitchens in Shalom Village. More than twenty years of preparing hundreds of kosher meals every day have taken their toll and it is time to spruce things up a bit!

Tickets

Tickets are only \$25 and include a fabulous selection of party

sandwiches, home-made scones, fresh fruit and elegant desserts. And don't forget to pick up a scrumptious home-made treat at the bake table! Tax-deductible sponsorships are also available at a variety of levels.

Many hands

It has taken many hands to make the tea successful over its thirty year history. Rochelle and Jo-Ann have been there from the beginning and are justifiably proud of the accomplishments of their team. Grateful thanks to the ticket sellers calling supporters and manning ticket tables in our lobby, the fabulous bake table team, the volunteers who bake scones and make hundreds of sandwiches in our kitchen, and the many others who make sure everything looks beautiful and runs smoothly.



More than 2.3 million kosher meals have been prepared at Shalom Village since this kitchen opened in 1990

Ticket and sponsorship info

For ticket information, or to learn more about sponsorship opportunities, call Kathleen Thomas at (905) 529-1613 ext. 264 or email kathleen@shalomvillage.ca



Where good friends meet



The Tea is a multi-generational event enjoyed by all ages

Photo album from last year's Auxiliary Tea

Here's a glimpse of what you missed if you weren't there!



Volunteers hard at work in the kitchen preparing sandwiches



The only thing better than the food was the company



The Tea is a wonderful opportunity to show off your finest millinery

After Hours "poignant and funny"

Shalom Village Players perform original production to full houses

After Hours



The Shalom Village Players, led by director Emanuela Dussin, played to full houses as they presented their latest production, *After Hours*. The play, an original production written by the cast, was presented in a series of performances in the Ruth Sherman Centre at Shalom Village in May.

Improvised

While the basic story was scripted, much of the dialogue and interaction was improvised. This allowed the cast to focus on the characters, bringing them to life in a very authentic way. It also meant that no two performances were quite the same.

Intimacy

The story is set late at night in Joe's Diner, where an assortment of regulars gather to fulfill their need

for companionship. The atmosphere "after hours" is relaxed, and the characters let their defenses down and share their stories with an intimacy that would not be possible during the daylight hours. It is at times both poignant and funny.

Cast

The cast includes Jim Kennelly as Joe the bartender, Peggy Martin as Alice the waitress, Tony Brown as Doc Winston, Shirley Levine as Trixie, a "lady of the evening", Frank Granby as police officer Frank, Keith Culver as street musician Steve, and Goldie Robbins, Gloria Greenspan-Glayt and Ann Silverman as the out-of-towners.

Thoroughly entertaining

Helaine Ortmann attended the Mothers Day performance with her mother and sister. "It was thoroughly entertaining. We loved it," said Helaine after the show.

"We (the audience members) forgot where we were; we left our troubles, aches and pains behind; and roared with laughter at all the right moments."

Bravo

Sandi Katz, a Shalom Village volunteer with an extensive theatre



Shirley Levine as Trixie with Tony Brown as Doc Winston

background, was impressed with the May 16th performance:

"I hope you will let the cast know that their work was the best I've seen to date. Bravo to Emanuela Dussin for weaving together the characters' stories so skillfully, her staging and her ability to bring out the best in her actors. I was so glad that I came to Shalom Village on a rainy afternoon to have my spirits lifted with a story about happy late-night endings."

Deeper Experience

The Shalom Village Players is a Deeper Experience program at Shalom Village, sponsored by generous donors. We can hardly wait for their next production!

Spring has sprung - time to wake up the garden

Every year in the spring Shalom Village residents, staff and volunteers gather to "Wake up the Gardens" by planting a rainbow of colour in the flowerbeds, planters and wheelbarrows that are such an integral part of our home.

Thanks to a wet spring, this year's event was delayed until June 1st. It was a beautiful day and it was apparent from the start just how rewarding working in the garden can

be for many people.

"We all know that the residents and their families really enjoy the beauty of our gardens" said Pat Ostapchuk, who planned and coordinated the day.

"The little touch of color, the veggies and herbs that we grow, make it special for our participants, residents and family members who help us in the gardens."

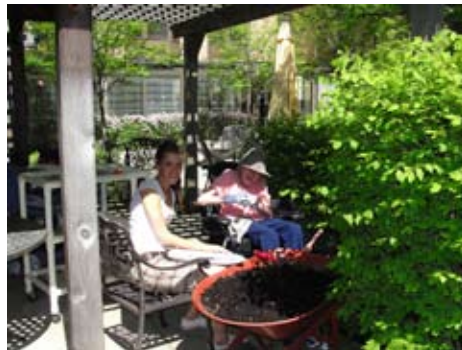
The gardens at Shalom Village are designed to be accessible, and

many residents enjoy spending time outdoors when the weather is nice. Recently a family opted to celebrate a special anniversary by making a donation to the Garden Fund in lieu of gifts. Speak to Kathleen Thomas if you would like to learn more about personalized giving opportunities at Shalom Village.

Below are a few snapshots of people having fun getting their hands dirty on June 1st.



Our gardens are beautiful and accessible, even for those in wheelchairs



Sarah Eerkes and Margaret Field plant a wheelbarrow in the Gussie Sobel Garden



Bernie Tick and Brigitte Bonas beautify the balcony in Goldblatt House Garden



Ray Stansall shows his enthusiasm for the project



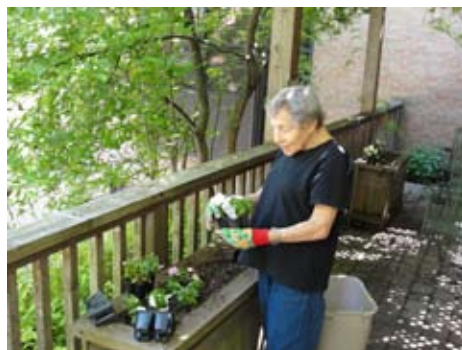
Eleanor Rubins, left, with Brigitte Bonas and Eleanor's daughter Carole Whittaker



Edna Smith hard at work on the SVO apartment patio



Michelle Draper and Maria DiCarolei made a great team



Gloria Greenspan-Glayt plants annuals in the flower box on the SVO apartment patio



Doris Ann Etherington and Hannah Luke help Al Swartz plant a wheelbarrow as Bessie Dulberg and Maura Patawaran look on

Questions? Ask Jeanette

You may already know that the Shalom Village Board of Directors has named Jeanette O'Leary our new Chief Executive Officer, effective July 1st. Jeanette would like to help you get to know her better and answer any questions you may have about what to expect in the coming months.

Submit your questions to newsletter@shalomvillage.ca or drop them off at the front desk in Shalom Village. The next issue of *The Grapevine* will feature a Q&A with Jeanette that will attempt to answer your questions and give you a clearer understanding of our plans for the future.



Our community “steps up” to meet the NuStep Challenge



L-R, Club Head Coach Greg Almas, Club members Jim Kennelly, Rachel Cobham and Joe Kostyk, incoming Shalom Village CEO Jeanette O'Leary, Shalom Village Charitable Foundation Director Kathleen Thomas and Shalom Village Staffer Mike Nielsen at the NuStep unveiling

When Mike Nielsen saw a need in The Club Fitness Centre at Shalom Village he decided to do something about it. Mike, who works with Goldie's Place participants in The Club, couldn't help noticing residents patiently watching TV or using other equipment while they waited for their turn on the NuStep, a specialized low-impact exercise machine that is effective, safe and easy to use. It has an ergonomic design and a comfortable seat that swivels out to facilitate transfers, even from wheelchairs. "That's one reason it's so popular," says Mike.

A challenge to the community
Mike and his mother Linda kicked off a campaign to buy a second NuStep with \$1,000 of their own money. They challenged the Shalom Village community to come up with the additional \$6,500 needed to make the dream a reality.

The community proved to be up to the challenge, stepping up (pun intended) to meet the challenge in less than a week.

The new machine has been installed in The Club, and members are keeping it busy.

"It has made a world of difference to me," says Joe Kostyk, who has been working out regularly at The Club for the past four months. "My arms, my legs, everything is stronger, and I have more stamina."

Any ability level

Mike says that the machine not only provides a great workout, but it can be adjusted to any ability level.

"I can get a great workout on it," says Mike, who is very active physically, "or it can be set up for a person with limited mobility and endurance".

Thank you

Thank you to everyone who supported this campaign!

Thank you

Grateful thanks to the families of **Rupert Hermann, Adeline Cohen, Geraldine Nicholls, Murray Adelman, Norma Wright, Mollie Goldwater** and **Betty Finlayson** for requesting donations to Shalom Village in lieu of flowers.

Memorial donations are earmarked for palliative care at Shalom Village. This thoughtful gesture will help other families as they face many challenges at the end of life.

Shalom Village
shalomvillage.ca



where you'd like to be...

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