



Cathy moving on to new things but her influence will continue to be felt at Shalom

Collingwood calling Cathy - colleagues congratulate caring coach for commendable career by creating Cathy's Corner in Club!



Long-time Shalom Village leader Cathy McDowell has announced that she will be leaving Shalom Village at the end of July to take her journey in new directions.

Cathy, who has filled a variety of roles at Shalom Village, is not quite ready to retire. "I just want to explore some of my other passions," she says.

Avid skiers

Cathy and her husband Tom are winter sports enthusiasts and have a second home in ski country.

"We plan to spend more time in Collingwood this summer, not just in the winter months," says Cathy. "I will be doing some hospice work

and teaching fitness to seniors. How fitting now that I am officially a senior myself!"

Wears many hats

Cathy, a registered nurse by background, first came to Shalom Village in 1990. She was Director of Care in the original nursing home during her first incarnation. Since 2004 she has managed the volunteer program at Shalom Village, leading a team of more than 100 dedicated volunteers in providing loving care to our residents.

Health & safety

Cathy has also led Shalom Village's health and safety team for the last several years, expanding membership, implementing many new policies and procedures, and increasing the profile of health and safety in our home.

"Cathy has had a significant impact on the safety and well-being of our staff and residents," according to incoming CEO Jeanette O'Leary. "People now understand that we are all responsible for safety."

Palliative care

Cathy has also been a driving force behind our palliative care practices at Shalom Village. This is a passion that she plans to continue with ongoing involvement in hospice care in the community.

Cathy's Corner

Cathy's colleagues at Shalom Village are acknowledging her contributions by establishing "Cathy's Corner" in The Club Fitness Centre. It will be a special area with equipment designed to encourage a healthy lifestyle through active living, with a focus on staff and volunteers.

Passionate leadership

Cathy's passion to make the world a better place is contagious and has been an inspiration to those of us who have had the privilege of working with her. Even though she will no longer be a visible presence at Shalom Village, her leadership will continue to be felt every day.

An invitation

You can help us acknowledge Cathy's contributions in two ways:

Join us in The Club July 22nd at 2 p.m. as Cathy's Corner is dedicated. Donations to the project are welcome. Contact Kathleen at (905) 529-1613 ext. 264 for details, or email kathleen@shalomvillage.ca.

Join us for coffee and cookies in Bubbi Bessie's on July 19th at 11 a.m. as we wish Cathy bon voyage.