

TO JOIN THE PROGRAM

Referral to the Goldie's2Home day program is through the Hamilton Niagara Haldimand Brant Community Care Access Centre (CCAC). Your treatment team will assess your needs and discuss your recovery and discharge plan with you during the early stages of your acute or rehabilitation treatment in hospital.

Goldie's2Home is a collaborative partnership including Shalom Village, Hamilton Health Sciences, St. Peter's Hospital, the Hamilton Convalescent Care Program and the HNHBC Community Care Access Centre (CCAC).



GOLDIE'S 2 HOME

AMBULATORY DAY PROGRAM

P A V I N G T H E R O A D H O M E



GOLDIES 2 HOME

Shalom Village
www.shalomvillage.on.ca
70 Macklin Street North
Hamilton, Ontario L8S 3S1
Phone: 905.529.1613 ext. 305
Fax: 905.529.7542
E-mail: g2h@shalomvillage.on.ca

www.shalomvillage.on.ca

OPENING DOORS

Goldies2Home is a unique day program helping people return to independent living at home after early discharge from acute care, rehabilitation or convalescent care programs. Many people are better served by continuing their recovery in their own homes with support. This ambulatory convalescent program, partnered with enhanced CCAC services, will allow you to continue your convalescence from the comfort of your own home. Your program will include nursing, physiotherapy, recreation and other support to help you rebuild strength and regain skills to reduce your need for assistance. It is a community based rehabilitation program paced to your needs and promoting independent living.



SUPPORT

The **Goldies2Home** team includes a CCAC case manager, registered nurse, personal support worker, physiotherapist, physiotherapy assistant, occupational therapist, speech & language pathologist and therapeutic recreationists. A ratio of 1 staff to 5 participants ensures that you get the support you need. The program is enhanced by in-home support, and is geared to the needs of people with limited endurance. Information sessions and support are offered to participants and family caregivers to ensure your move home is successful.

ACTIVE PROGRAM

The **Goldies2Home** program operates from 9:00 a.m. to 5:00 p.m. from Monday to Friday. You may attend from 1 to 5 days per week, depending on your needs, for a maximum 4 week period.

Participants enjoy an active program with many opportunities for social interaction and recreational programs in addition to rehabilitation services. They have access to all amenities offered at Shalom Village including The Club Fitness Centre, Bubbi Bessie's Café, Vicki's Hair Salon and the Classic Theatre. Baths or showers are



available, with assistance as needed, and professional foot care can be provided. A hot lunch and healthy snacks are served, with participants actively involved in meal preparation to help them prepare for independent living at home.



TRANSPORTATION

Wheelchair accessible transportation to and from **Goldies2Home** is available.

COST

The **Goldies2Home** program is funded by the Ontario Ministry of Health and Long Term Care. There is no cost to participants.

FOR MORE INFORMATION

For more information please call the **Goldies2Home** team at 905.529.1613 ext. 305 or e-mail g2h@shalomvillage.on.ca