

36 Reasons To celebrate

Shalom Village 2006 - 2007 Yearbook



1

YOU!

The community has been there for Shalom Village like never before - families, volunteers, donors, board members, staff and our many community partners – you have supported events from the Auxiliary Tea to the Hannukah Hustle and Light up the Future. You have sent Shalom Village Tribute Cards and shopped at the Corner Store. In these many ways you have shown that you understand and value what Shalom Village has achieved as a leader and innovator in the care of our loved ones.

2, 3 & 4



Shalom Village won awards in three out of five categories at the Service Awards for Geriatric Excellence presented on May 28th. **The SAGE Awards** are presented by The Regional Geriatric Program central (RGPC) in recognition of exemplary service and outstanding contributions to the health, independence and quality of life of seniors in the Hamilton, Halton, Brant, Niagara, Haldimand Norfolk, Waterloo and Wellington / Dufferin region . **Emily DiSante** won in the Student category, **Pat Morden** in the Executive category and the Shalom Village **Community Centre Team** in the Team Category.



5

Food, friends, laughter, music—what could be better!

Light up the Future Too was a successful fundraiser and celebration of all that is good at Shalom Village.

Host Eugene Levy told *The Spectator* “You just kind of feel something special coming from your heart about Shalom Village. You have to experience the place to understand”.



Shalom Village Mashgiah **Aaron Shiffman** was feted at a community tribute in April. Aaron, who is very humble about his achievements, is an influential leader in the Hamilton Jewish Community. At Shalom Village he guides our observance of Kashruth (Jewish dietary laws). He is highly regarded by staff and residents who often seek his advice and value his friendship.

7



The local Jewish community came to Shalom Village to celebrate **Tu B'Shevat** on January 28th.

People of all ages packed Goldie's Place to enjoy activities including crafts, tree planting and a wonderful brunch buffet.



Shalom Village residents compiled a journal featuring their words of wisdom. **Bubbies to Grandmothers** was a successful fundraiser in support of African grandmothers who have been left to raise their orphaned grandchildren after their parents have died in the AIDS epidemic.

In some parts of Africa 40 - 60% of orphans are being raised by grandmother-headed households. Millions of children have been orphaned by AIDS, sometimes as many as ten to fifteen in one household..



Our **Mobility Project** found creative ways to dramatically increase activity levels. 92% of residents at Shalom Village are now involved in some form of exercise at least 2 times per week.

10

The Shalom Village **board of directors** has adopted a new governance structure that will help us be more effective in planning our direction and plotting our course for the future.



11

Chinese dancers helped Shalom Village celebrate the **Chinese New Year** at a special Bistro evening in Goldie's Place on February 15th.



12



You may have noticed a familiar voice if you listen to **Health Matters** on AM900 CHML. Shalom Village CEO Pat Morden has been asked to provide periodic commentary on issues related to aging as they arise on the show.

Health Matters is hosted by Jamie West and focuses on health and wellness. It is broadcast weekdays from 12:00 noon to 1:00 and is sponsored by our friends at Day Night Pharmacy.

13



The **Collage Project** saw staff and residents sharing memories and reminiscing with family members as they constructed collages. It is a wonderful way to get to know each other better.

14, 15 & 16

Shalom Village's **Minna Loewith, Edna Smith and Theresa Rosenfeld** completed the 5km portion of the Hannukah Hustle. Many other Shalom Village residents participated in the 1km event.



17



The **Shalom Village web site** at www.shalomvillage.on.ca won an Award of Merit at the Pinnacle Awards hosted by the Canadian Public Relations Society. "The web site is very comprehensive and easy to navigate," according to the judges' comments. "Care was taken to properly research and reflect its audience's needs in the finished product."

18

Dr. Michael Taylor is leading a renewed vision for the **Shalom Village Charitable Foundation**, taking over from founding chair Dr. Miriam Spinner who had set the groundwork for the future.

19



Thanks to our friends at Classic Care Pharmacy, **The Classic Theatre** opened on York Street this year.

Residents and family members munch popcorn as they enjoy movies, television shows and sporting events. There have been slide shows and travel talks as well as educational presentations for staff.

20



A series of **Health Focused Educational Sessions** kicked off with a day-long workshop entitled *Living Well with Diabetes* in the Ruth Sherman Centre on May 22nd. June is *Lost at Home Month* with other sessions planned for staff, residents, families and volunteers in the coming months.



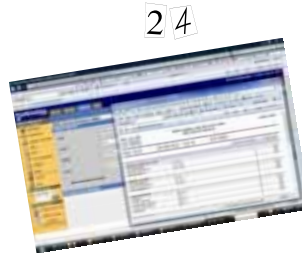
21 The **Shalom 2 Home** program is for people recovering from surgery or illness. It is intended to bridge the gap between hospital and home, focusing on rebuilding strength and developing the skills needed for independent living. Since the program began in November 2005 more than 150 people have graduated and successfully returned to their homes.



22 Shalom Village benefactor and board member **Arthur Weisz** was one of two finalists to be named *The Greatest Hamiltonian* by Hamilton Spectator readers. His philanthropy has always been without fanfare. Many good causes, including Shalom Village, have benefited from his generosity.



23 Shalom Village's **Chris Hagens** co-authored a book with Andrea Cosentino and Ellen B. Ryan entitled *Poetry in Long Term Care*. As part of its Writing Down Our Years series the McMaster Centre for Gerontological Studies launched the book at a special celebration at Divinity College at McMaster.



24 Shalom Village has been accepted into the provincial **MDS trial** which will put us on the leading edge of computerized documentation and quality benchmarking. MDS is a system for documenting care needs and charting interventions and outcomes that is a tool to help us provide better care. It is also used to compare results to standards and is key to determining the funding we receive from the government.

25



Shalom Village team members gathered in the courtyard of SV Too to celebrate our successful accreditation from the Canadian Council on Health Services Accreditation. Well done!



26



Shalom 2 Home Program Manager Sally Rakas will address the Ontario Long Term Care Association in Niagara Falls on June 21st, detailing the successes of the convalescent care program at Shalom Village.

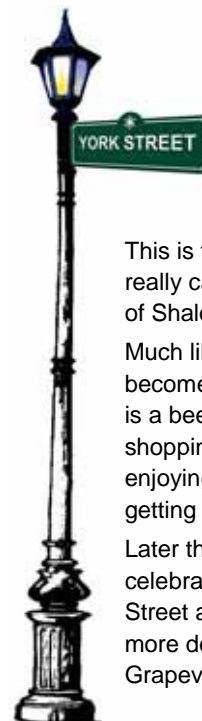


28



ESPN's Dan Shulman was on hand as we ran, walked and rolled at the 5th Annual **Hannukah Hustle**. The funds raised are crucial to our active living programs such as The Club Fitness Centre and other health promotion initiatives including in-home physiotherapy care and research projects in rehabilitation.

27



This is the year that **York Street** really came to life as the "downtown" of Shalom Village.

Much like the original, York Street has become the heart of our community. It is a beehive of activity with people shopping, dining, worshipping, enjoying a show, working out or getting their hair done.

Later this year we will host a special celebration to mark the rebirth of York Street at Shalom Village. Watch for more details in future issues of the Grapevine.



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& 31



Shalom Village has established a team of **Care Innovation Coaches** to help our staff deal with complex care issues. Jeanette O'Leary, Karen Allcroft and Sally Rakas are nurses with specialized training that makes them a valuable resource for addressing difficult care challenges.

This team also focuses on education, providing workshops and educational sessions on many health related issues through the Ruth Sherman Centre for Research and Education at Shalom Village.

32



Shalom Village residents took part in a **Family Treasures Project** to document some of their important mementos and to tell the stories behind them. The result is a remarkably moving insight into the past.

A booklet was produced in partnership with the Workers Arts and Heritage Centre with funding provided by the Hamilton Community foundation.

The stories bring the objects to life and help us to better understand and appreciate our residents.

33, 34
& 35



Shalom Village residents **David Wright**, left, and **Margaret and James Crusoe** were presented with Lifetime Achievement Awards by the Ontario Long Term Care Association at a ceremony in Bubbi Bessie's Café. Congratulations!

36



Sarah Clark organized a 6-week series of **Education Sessions** on the aging process for residents, staff, families and volunteers. Topics presented included Montessori for Dementia, Age Friendly Society, Aging & the Family, Aging & Dementia, Palliative Care and Aging & Technology.

Sarah also conducted extremely popular computer lessons for residents, a project that was written up in Long Term Care Magazine.

Next up for Sarah is a series of Creative Writing Workshops.

